

## PROGRAM OVERVIEW

The RFBA will field teams at the U11 through U18 year old divisions, depending on interest and coaching availability. We may field more than one team at an age level.

The younger age levels (U11-U13) are designed to develop basic skills, confidence and the desire to excel and achieve set goals. The middle age levels (U14 and U15) focus on team and game concepts to prepare them for the U16 through U18 levels when the opportunity for exposure to college recruiters will exist.

RFBA members will start to gather in open workouts in late March until the age-group teams are formed in early April for a twelve-week schedule of team practices and skill development sessions. Teams will then participate in a five to seven tournament season which runs from mid-May to early August.

## PRACTICES; SKILLS & DRILLS; POSITION SESSIONS

Beginning in April (after tryouts and team formation), Team Practices will occur once or twice per week. "Skills & Drills" Sessions (in addition to team practices) will be offered on a weekly basis. Our Post-Player Sessions and Guard Sessions will also begin in spring and run throughout the summer.

Practices will be scheduled at various locations in the Southeastern Wisconsin area. We feel very strongly that practice attendance affects individual and team development and team progress. Our attendance policy will help teach the importance of attending practice and the ramifications when practice is missed. More details regarding the attendance policy are available on the web-site.

## AGE GROUPS & PLAYER PLACEMENT

Summer basketball events can be divided into different divisions base upon age or by grade. The RFBA's policy is to not move players up in age level, with some exceptions due to extenuating circumstances approved by the club director. The club's goal is to place players at a level that will be both challenging but will also allow for success and development to occur.

## AGE DIVISIONS & TEAMS

Age Division .....	Born ON or AFTER
18 & Under .....	January 1, 1985
17 & Under .....	January 1, 1986
16 & Under .....	January 1, 1987
15 & Under .....	January 1, 1988
14 & Under .....	January 1, 1989
13 & Under .....	January 1, 1990
12 & Under .....	January 1, 1991
11 & Under .....	January 1, 1992

### Notes:

- teams will be fielded at age divisions depending upon interest
- the RFBA believes strongly that members should NOT move up in age division
- try-outs will be conducted to build the strongest team at each age-level

## TOURNAMENTS

A tournament schedule will be developed that will place teams in a competitive and challenging environment. Changes might occur after teams are formed to make sure this philosophy is best achieved. We will try to make changes as soon as possible for planning purposes. The club's philosophy is to keep travel to a minimum, but some travel is necessary, especially for the older teams that are attempting to play in front of college recruiters. While most events are in Wisconsin, teams could also travel to Minnesota, Illinois, Indiana or Iowa.

**Note:** travel expenses are NOT included in the membership fee.

## THE RFBA STAFF

The Rising Force Basketball Academy, LLC, is under the direction of **John Pfaffl**, a fifteen-year assistant coach at Cardinal Stritch University.

Pfaffl has been coaching basketball for eighteen years at the high school and college level. In his current coaching position at Stritch, John is the assistant coach for both the men's and women's teams. The combined record of both teams since Pfaffl started at Stritch is 535 wins and 172 losses. The teams have advanced to the NAIA Division II National Tournament 11 times and he has worked with 11 All-Americans. John's main duties include player development and the evaluation of high school players attempting to play in college.

John's goal for the Rising Force is to help prepare each member for the next level of play, whether that means making the high school team or getting recruited to play in college. John tries to teach what coaches look for in their players, to improve their individual fundamentals, and how to play within the team concept.

The committed RFBA staff will generally consist of college and high school coaches as well as current college athletes.

## TRAVEL AND HOTELS

The RFBA and the coaches are not responsible for transporting players to and from tournaments. For events that require overnight stay, the club will assist in securing lodging but this must be done well in advance and the costs are not covered in the membership fee. Many members will carpool and assist those in need of rides and chaperones. Coaches may assist in the planning process, but are not responsible for transporting their players.

***Become Part of Something Special!***

***Learn What You Need to do to  
Accomplish Your Goals!***

***Be Challenged!***

***Become a Student of the Game!***

***Learn What Coaches are Looking for  
in their Players!***

## **WHAT YOU GET FOR YOUR MONEY**

A Five to Seven Tournament Schedule

Uniform and T-Shirt

AAU Membership

Insurance

Team Practices

Skills and Drills Sessions

Post and Guard Sessions

Strength and Conditioning Guidance

School Season Tune-Ups

Web Site with player rosters and profiles

Assistance in the "recruiting game"

## **MEMBERSHIP FEE**

Membership Fee: **\$800.00**

Number of Tournaments: 5-7

Approximate Number of Games: 35-40

### **Payment Plan:**

First payment of \$400.00 due April 16

The Balance of \$400 is due by May 23

Make check payable to R.F.B.A.

Mail to: R.F.B.A.; 314 East Green Tree Rd; Milw., WI 53217

*Membership Fee agreement must be read and signed before  
member is accepted into the RFBA.*

## **IF YOU ARE INTERESTED**

**414-410-4123 • [jp@wi.rr.com](mailto:jp@wi.rr.com)**

**[www.risingforce.org](http://www.risingforce.org)**

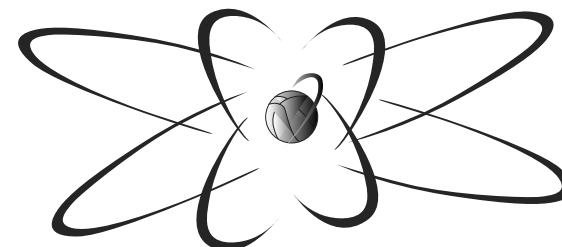
**INFORMATION SESSION:** Parents are welcome to attend our INFO. SESSION on Thursday, March 18th @ 7:30pm at Cardinal Stritch University (Fox Point) in the Schroeder Auditorium.

***Receive try-out info and register at our web-site***

RFBA  
314 East Green Tree Road  
Milwaukee, WI 53217

# ***RISING FORCE***

## **BASKETBALL ACADEMY, LLC**



## ***Become a Force on the Court***

The Rising Force Basketball Academy, LLC, based in Milwaukee, Wisconsin, is an organization dedicated to promoting girls' basketball in Southeastern Wisconsin.

The club's mission is to help aspiring young female athletes reach their full potential on and off the court. A priority will be to stress the fundamentals and how to play within the team concept. The club will also focus upon the essential attributes of dedication, self-discipline, commitment and accountability.

**[www.risingforce.org](http://www.risingforce.org)**